








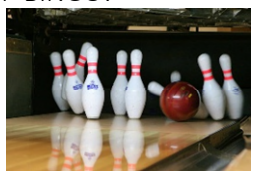
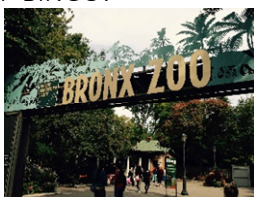

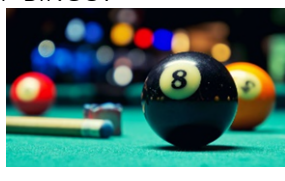



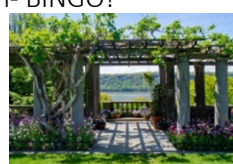
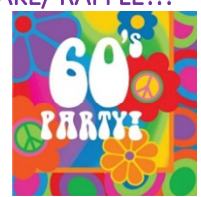

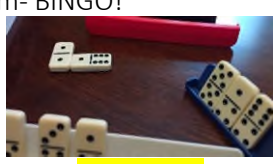






APRIL 2025 THE HEART ADULT DAYCARE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 APRIL FOOLS DAY 8:30- Breakfast 9:20- Current Events 9:45- Morning Stretch 10:00- OPEN ACTIVITY 11:30- Social Time 12pm- Lunch 1pm- BINGO!  PANTRY	2 NATIONAL WALKING DAY 8:30- Breakfast 9:20- Current Events 9:45- Table Talk 10:00- Floor Games 10:30- COMMUNITY WALK 11:30- Social Time 12pm- Lunch 1pm- BINGO! 	3 WALMART 8:30- Breakfast 9:20- Current Events 9:45- WALMART 10:30- OPEN ACTIVITY 11:30- Social Time 12pm- Lunch 1pm- BINGO!  WEAR YOUR CENTER SHIRT!!!	4 ICE CREAM AND PAINT 8:30- SPECIAL BREAKFAST 9:20- Current Events 9:45- ZUMBA 10:30- ICE CREAM AND PAINT 11:30- KARAOKE 12pm- Lunch 1pm- BINGO! 
7 WORLD HEALTH DAY 8:30- Breakfast 9:20- Morning Stretch 9:45- FLOOR GAMES 10:30- ESSENS HEALTH VISITS THE HEART PLUS PANTRY 11:30- Social Time 12pm- Lunch 1pm- BINGO! 	8 SHOPPING DAY 8:30- Breakfast 9:20- Current Events 9:45- OPEN ACTIVITY 10:30- SOUNDVIEW PLAZA 11:30- Social Time 12pm- Lunch 1pm- BINGO!  WEAR YOUR CENTER SHIRT!!!	9 KARAOKE 8:30- Breakfast 9:20- Current Events 9:45- ZUMBA 10:15- OPEN ACTIVITY 10:30- KARAOKE 11:30- Social Time 12pm- Lunch 1pm- BINGO! 	10 EASTER PARTY 8:30- SPECIAL BREAKFAST 9:20- Current Events 9:45- Service Prayer 10:00- EASTER PARTY CELEBRATION 12pm- Lunch 1pm- BINGO! <i>Happy Easter!</i> 	11 SPECIAL EXERCISE CLASS 8:30- Breakfast 9:20- Current Events 9:45- Service Prayer 10:00- SPECIAL EXERCISE CLASS 10:45- KARAOKE 11:30- Social Time 12pm- Lunch 1pm- BINGO! 
14 GARDENING DAY 8:30- Breakfast 9:20- Current Events 9:45- Floor Games 10:30- GARDENING DAY 11:30- Social Time 12pm- Lunch 1pm- BINGO! 	15 BOWLING 8:30- Breakfast 9:20- Current Events 9:45- Table Talk 10:30- BOWLING TRIP 11:30- Social Time 12pm- Lunch 1pm- BINGO!  WEAR YOUR CENTER SHIRT!!! PANTRY	16 BRONX ZOO TRIP 8:30- Breakfast 9:20- Current Events 9:45- Floor Games 10:00- BRONX ZOO TRIP 11:30- Social Time 12pm- Lunch 1pm- BINGO!  WEAR YOUR CENTER SHIRT!!!	17 TIE DYE DAY 8:30- Breakfast 9:20- Current Events 9:45- ZUMBA 10:00- TIE DYE SHIRTS 11:30- Social Time 12pm- Lunch 1pm- BINGO! 	18 POOL TOURNAMENT 8:30- Breakfast 9:20- Current Events 9:45- ZUMBA 10:30- POOL TOURNAMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO! 
21 JEWELRY MAKING 8:30- Breakfast 9:20- Current Events 9:45- Floor Games 10:30- JEWELRY MAKING 11:30- Social Time 12pm- Lunch 1pm- BINGO! 	22 EARTH DAY CRAFTS 8:30- Breakfast 9:20- Current Events 9:45- ZUMBA 10:30- RESIN ART 11:30- Social Time 12pm- Lunch 1pm- BINGO! 	23 NATIONAL CHERRY CHEESE CAKE DAY 8:30- Breakfast 9:20- Current Events 9:45- ZUMBA 10:30- NUTRITION CLASS 11:30- Social Time 12pm- Lunch 1pm- BINGO! 	24 WAVE HILL GARDEN 8:30- Breakfast 9:20- Current Events 9:45- Service Prayer 10:00- Floor Games 10:15- WAVE HILL GARDEN 12pm- Lunch 1pm- BINGO!  WEAR YOUR CENTER SHIRT!!!	25 BIRTHDAY CELEBRATION 8:30- SPECIAL BREAKFAST 9:20- Current Events 9:45- Service Prayer 10:00- BIRTHDAY CELEBRATION 12pm- Lunch 1pm- CAKE/ RAFFLE!!!  60'S THEMED PARTY!!!
28 AROMATHERAPY/ COMMUNITY WALK 8:30- Breakfast 9:20- Current Events 9:45- AROMATHERAPY 10:30- Floor Games 11:00- COMMUNITY WALK 11:30- Social Time 12pm- Lunch 1pm- BINGO! 	29 DOMINOES TOURNAMENT 8:30- Breakfast 9:20- Morning Stretch 9:45- Table Talk 10:00- Floor Games 10:30- DOMINOES TOURNAMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO!  PANTRY	30 NUTRITION CLASS WITH PARENT CARE 8:30- SPECIAL BREAKFAST 9:20- Current Events 9:45- ZUMBA 10:00- Floor Games 10:30- NUTRITION CLASS WITH PARENT CARE 11:30- Social Time 12pm- Lunch 1pm- BINGO! 		

THIS CALENDAR IS FOR THOSE WHO WANT STRUCTURE, INDIVIDUAL ACTIVITIES ARE AVAILABLE UPON REQUEST.

MEMBERS ARE FREE TO INTERACT WITH THE GENERAL COMMUNITY WHEN EVER THEY WANT.

IF WEATHER PERMITS, WE WILL HAVE DAILY COMMUNITY WALKS.